

Ask Yourself

The water is rising
No sign it will calm down
Ask yourself the question:
Will he let me drown?

Hanging on the edge
Fingers slipping one by one
Ask yourself the question:
Is he really done?

As panic overcomes you
Don't know how you'll survive the tide
Ask yourself the question:
Has he ever lied?

Holding yourself up is too heavy
Not sure you even want to live
Ask yourself the question:
Whose life was it to give?

Blaming yourself for the pain
In a place you shouldn't have been
Ask yourself the question:
Does he look outward or within?

Alone and without hope
Left by everyone you know
Ask yourself the question:
Will he ever let me go?

With no choice but to trust
Pull yourself up or swim
Ask yourself the question
Whose ocean am I in?

*This poem is an excerpt from **With Open Eyes: A Poetic Journey through Love** by Leah Cast. Outskirts Press. All Rights Reserved. Copyright © 2011 Leah Cast*